

November 2024





### November 2024: A Month of Community and Change!

As we welcome the month of November, our vibrant community in beautiful British Columbia stands ready to embrace the changing seasons. With temperatures dropping into the minus range and the first snow blanketing the ground, there's no better time to appreciate the serene beauty of our landscape.

We will adjust to shorter days and longer nights. We can also look forward to the return of the Northern Lights, a breathtaking display of nature's beauty.

This month, we honor Remembrance Day on November 11th, a time to reflect and pay tribute to those who served our country.

On November 15th, gather with friends and family to witness the full moon, a perfect opportunity for stargazing against the crisp night sky.

November 19th brings International Men's Day, providing a great opportunity to celebrate the contributions of men in our lives and communities.

While winter approaches, remember to prepare for the chill—bundle up in cozy layers and enjoy outdoor activities like hiking or winter walks, which showcase the tranquil beauty of our snow-covered surroundings.

Additionally, stay warm and safe by checking your home heating systems and stocking up on winter essentials.

Together, let's celebrate the beauty of our community and the joy of the season!

Enjoy this month's newsletter!

In this newsletter you can expect:

Community Calendar

Community Events

Elections
Voting/Polling
dates & times

Invitation for AGM/FINANCIAL

Community
Christmas Dinner
& Christmas
Holidays Office
Closure

Gospel meeting/ Hrfn Services and Events/Kids conner/Conclusion

# November

SUN	MON	TUE	WED	THU	FRI	SAT
27	28	29	30	31	1	2
3	4 A.A. Meeting - 7pm Community Hall	5	6	7 Nurse	8	9
10	11 A.A. Meeting - 7pm Community Hall Remembrance Day	12	13	14 Nurse	15 Full Moon	16
17	18 A.A. Meeting - 7pm Community Hall	19	20	21 Nurse	22	23
24	25 A.A. Meeting - 7pm Community Hall	26	27	28 Baby day Mile stones Nurse	29	30

Take a deep breath and try all over again





### **Community Events**

### Join Us for Health services at the Community Clinic!

Experience the soothing benefits of sound healing and rejuvenating massages in a tranquil environment. Our skilled practitioners will guide you through relaxing sessions designed to promote wellness and harmony.

Dates: November 12, 13, 20, and 27

### Friendly reminder to Community Members:

Please remember to pick up your mail at the Band Office. Thank you!

### **Community Election Day**

On November 19, the Halfway River First Nation will hold an important election at the community hall for the position of Chief, as well as a councillor representative for the Wokeley family. This election presents a vital opportunity for community members to choose their leadership and influence the direction of governance. The polling stations at the band hall will provide a convenient and accessible location for voters to cast their ballots and in the democratic engage process. Residents are encouraged to educate themselves about the candidates' platforms and visions for the future. Active participation in this election is essential, as it empowers community members to shape their leadership and set priorities for years to come.

### Lunch & Learn Bingo with FNHA Nurses

Join us for an exciting "Lunch and Learn Bingo" event hosted by the First Nations Health Authority Nurses at the community hall on November 7th from 11:30 AM to 1:30 PM! Enjoy five engaging rounds of Nutrition Bingo, with five fantastic prizes up for grabs. This is a great opportunity to learn about healthy eating and nutrition while having fun and connecting with fellow community members. A delicious lunch will be provided, so bring your friends and family for a memorable afternoon of education, entertainment, and prizes. We can't wait to see you there!

# NOTICE OF VOTE & ELECTION RESULTS

Halfway River First Nation is holding Elections under the *Custom Election Code* and the *Halfway River First Nation Trust* for the positions of:

- · Chief Councillor
- Achla Fox Family Representative Councillor
- Wokeley Family Representative Councillor
- Metecheah Lilly Family Representative Councillor
- Achla Fox Family Representative Trustee
- Wokeley Family Representative Trustee
- Metecheah Lilly Family Representative Trustee

#### The following candidates have been elected by acclamation:

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Family Representative Councillors	Family Representative Trustees

#### ACHLA FOX FAMILY ACHLA FOX FAMILY

AUDIT, Joyce - Elected by Acclamation DAVIS-WOLTER, Elia - Elected by Acclamation

#### METECHEAH LILLY FAMILY WOKELEY FAMILY

DAVIS, Annette – Elected by Acclamation WOKELEY, Anice – Elected by Acclamation

#### METECHEAH LILLY FAMILY

DAVIS, Shania - Elected by Acclamation

NOTICE: There will be an Election for the Chief Councillor and the WOKELEY Family Representative Councillor position.

### **CANDIDATES**

#### For the Chief Councillor:

FIELD, Belinda

FIELD, William

HUNTER, Darlene

BRADY, Linda

WOKELEY, John Achla

For the WOKELEY Family Representative Councillor:

WOKELEY, Lori-Ann

WOKELEY, Sherry

<u>Voting Instructions</u>: The Electoral Officer has mailed out Voting Packages, containing ballots and instructions, to eligible electors. All votes must be received by the Electoral Officer <u>before 4:00 p.m. on Tuesday, November 19, 2024</u>.

<u>Polling Station:</u> Electors who wish to vote in person may do so by attending a polling station at the <u>Halfway River Community Hall from 9:00 a.m. to 4:00 p.m.</u> on Tuesday, November 19, 2024.

A Results Meeting will be held on Wednesday, November 20, 2024, at Treaty 8 Tribal Association at 11:00 a.m. in Fort St. John (10233 100 Avenue) for the counting of the ballots and to announce the result of the vote. All electors are welcome to attend the meeting.

If you are an elector and you do not receive a voting package by October 4, 2024, please contact the Electoral Officer, Marlene Roy:

### Marlene Roy, Electoral Officer

10233-100 Avenue Fort St John, BC, V1J 1Y8

Email: <u>mroy@treaty8.bc.ca</u> Phone: 250-785-0612 ext. 245 Fax: 250-785-9800



Chief and Council Invites You To Our

## AGM/FINANCIAL AUDIT REPORT 21-22/22-23

DATE AND TIME
WEDNESDAY NOV 13, 2024
9:00-4:00 PM

Community Hall
Lunch served
Door Prizes - must be
present to win.
Agenda to Follow







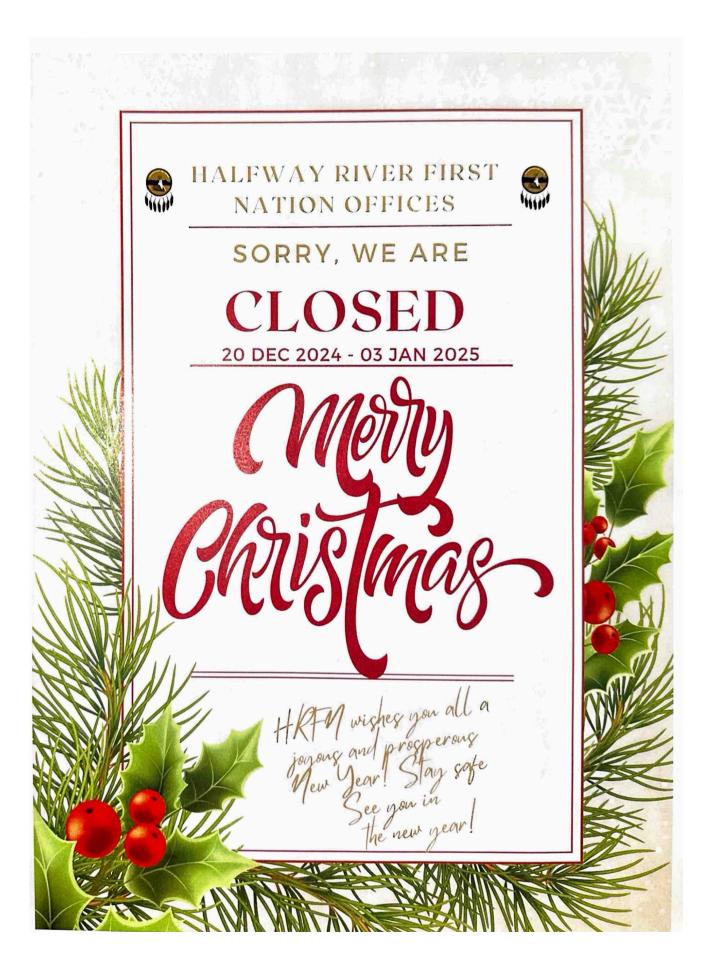
# Community Christmas Dinner

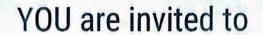


Join us for a Christmas community celebration! The night will be filled with good company, and delicious food.









# GOSPEL MEETINGS

November 8th, 9th, 10th 2024 at 6:00pm every night

at Halfway River First Nation Community Hall

Guest Ministers Trene Whitehead Joe and Florence Laboucan

Music: Roger West

JOHN 3:16

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

Dinner will be served at 5pm

For more information call 780-803-3761 or 780-629-2041



# HRFN

### **SERVICES & EVENTS**

### HRFN Health Services

### **Massage Therapy**

- Relaxing Massage
- Hand & Foot Massage
- Facial Massage
- Cupping Massage
- Hot Stone Massage
- Deep Tissue Massage

### **Mental Health Counselling**

- Helps to understand thoughts and feelings.
- Helps to manage stress and anxiety.
- Helps to deal with difficult life changes

### Sound healing

- Greater Sense of overall wellbeing.
- Improve concentration & memory
- Improve sleep

**Book an appointment** 

250-772-5059 (Health Clinic)

403-510-4408 (Sherry Welch)

### Bible Study

Fvery Wednesday
from 5 pm to 6 pm we have **Bible**Study and Interceding prayer
at the community hall.
For any information and prayers
Please Contact
Ben Joseph

### **Upcoming Events**

• Lunch & Bingo: Nov 7

Gospel meeting: Nov 8-10

• AGM: Nov 13

Election Day: Nov 19

### **Any Information**

Email: reception@hrfn.ca

Phone: (250) 772-5058







### Beaver Full Moon

On November 15, 2024, the Beaver Full Moon will illuminate the night sky, a time steeped in tradition and natural significance. This full moon is named for the beavers, which become especially active as they prepare for the impending cold. As primarily nocturnal creatures, they capitalize on the brightness of the moonlight to build and repair their winter dams, ensuring they have a secure home for the months ahead. This lunar event serves as a reminder of nature's rhythms and the importance of preparation, urging us to reflect on our own readiness for the winter season.

Thank you for reading!

Edited & Design by	Charity Gladu & Ben Joseph		
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